

BOYS & GIRLS CLUB OF UNION COUNTY SELF-DEFENSE KARATE & SAFETY AWARENESS

FOR BOYS AND GIRLS AGE 5-15



BOYS & GIRLS CLUB

New Program!
Winter Session!



ELEMENTARY & JR. HIGH AGE CLASSES! FUN! FITNESS! COORDINATION!

THIS PROGRAM IS DESIGNED TO ENHANCE SELF-ESTEEM, SELF-DISCIPLINE & SAFETY AWARENESS!! STUDENTS ARE PLACED INTO CLASSES ACCORDING TO AGE AND ABILITY. A BLACK BELT INSTRUCTOR TEACHES BEGINNING, INTERMEDIATE, AND ADVANCED TECHNIQUES FOR SELF-DEFENSE ONLY! SELF-DISCIPLINE AND DEFENSE, RATHER THAN AGGRESSIVENESS ARE PROMOTED! WEEKLY SAFETY FLYERS FOCUS ON A WIDE RANGE OF TOPICS INCLUDING STRANGERS - FIRE SAFETY & MORE!!

ONLY \$8.00 PER LESSON YOU MAY PAY-AS-YOU GO!

REGISTRATION ONLY ON SATURDAY, JANUARY 14

REGISTER BETWEEN 9:00-11:00 at the Boys & Girls Club

PLEASE REGISTER ON THIS DATE - CLASSES FILL UP QUICKLY!!

You must register in person - No Telephone Registration Please

BEGINNING SATURDAY, JANUARY 21, CLASS TIMES WILL BE:

NEW STUDENTS 6-8	9:00 -- 9:40
RETURNING STUDENTS 6-8	9:50 -- 10:30
NEW & RETURNING STUDENTS 9-UP	10:40 - 11:20

Please note - a fourth class time will be added if necessary

*Be Smart! Don't Start
Drugs & Alcohol*

CLASS REGISTRATION & LOCATION

**Boys & Girls Club of Union County Union Club
1050 Jeanette Ave. Union NJ**

**CLASS DATES: CLASSES ARE HELD SATURDAYS FROM JANUARY 21 - APRIL 7
(12 LESSONS)**

CLASS FEES: YOUR KARATE CLASSES ARE ONLY \$8.00 PER LESSON, WITH A \$10.00 REGISTRATION FEE PAID ONCE PER SEMESTER! YOU MAY PAY WEEKLY OR IN FULL AND RECEIVE A DISCOUNT OF ONE FREE LESSON! THIS IS AN ONGOING PROGRAM! NEW STUDENTS ARE ACCEPTED UP TO THE FOURTH WEEK. Scholarships are available to those who qualify.

A UNIFORM IS HIGHLY RECOMMENDED! Uniforms are available at the first class and throughout the course, all uniforms come with a white belt and we fit your child or teenager with the proper size. Uniforms are \$30.00

FUN!

FITNESS!

COORDINATION!

FOR MORE INFORMATION, PLEASE CALL (800) 850-0800