



BOYS & GIRLS CLUB
OF UNION COUNTY
UNION CLUB

Game Rules:

- There will be four (4) 8-minute quarters.
- Running Clock (will only stop on time-outs, and the last minute of the 2nd & 4th quarter, unless requested by the referee).
- No more than 2 coaches on each bench.
- Coaches must stay in designated coaches box.
- Mercy Rule – After a 10-point lead is acquired, no more points will be added on until the opposing team scores. (Buddie League ONLY)
- Buddies must not defend past the foul line area (marked in gray on the floor)
- This is a learning league, players will be warned of traveling/foul violations by the referee, and no fouls are recorded.

Substitution Rules:

The spirit and intent of following rules are to get all eligible players into all games.
Any player who plays in the first 4 minutes, cannot play in the second 4 minutes.

Every 4 minutes in the first **THREE** quarters, a new five must enter the game. The clock will stop at the first ‘**dead ball**’ nearest the 4 minute mark for the changes to take place. Coaches must have their substitutes already determined for a quick substitution. This is **NOT** a timeout, this is just to sub. If the official feels that it is taking too much time, he may start the clock.

Free substitutions in the fourth quarter will be allowed.

A team with less than 10 players must select the starting five. The opposing coach has the option to select which of the five starters can be used to fill the gap in the second 4 minutes.

Teams with less than ten players will be allowed to substitute in the first 4 minutes in the event a player is injured, or accumulates 3 fouls. Again, the opposing coach has the option to pick the substitute.

Teams with more than ten players may substitute in the first 4 minutes so long as they have five players available for the second 4 minutes.

Press Rules (Cadet League ONLY):

No full or half court defense allowed, defensive players must drop back inside the extended 3 point lineexcept:

Half court defense is allowed the last 2 minutes of the 4th quarter only. Unless you are up by 10 or more points it is still not allowed.

Full court press is allowed the last minute of the 4th quarter only. Unless you are up by 10 or more points it is still not allowed.

Notes for Buddie & Cadet League

- Games may start later than scheduled
- No practice December 24th through 31st, January 17th, February 18th or 21st
- Pizza & Trophies will be distributed to players after their last game

The Referees and the Boys & Girls Club will not tolerate the use of foul language during games by coaches, players or spectators. This will result in a Technical Foul and/or expulsion from the game and the building.

Game Schedule and Practices are always subject to change due to weather and/or facility closing