

BOYS & GIRLS CLUBS OF UNION COUNTY SELF-DEFENSE KARATE & SAFETY AWARENESS

FOR BOYS AND GIRLS AGE 5-15



New Program!



BOYS & GIRLS CLUB

ELEMENTARY & JR. HIGH AGE CLASSES! FUN! FITNESS! COORDINATION!

THIS PROGRAM IS DESIGNED TO ENHANCE SELF-ESTEEM, SELF-DISCIPLINE & SAFETY AWARENESS!! STUDENTS ARE PLACED INTO CLASSES ACCORDING TO AGE AND ABILITY. A BLACK BELT INSTRUCTOR TEACHES BEGINNING, INTERMEDIATE, AND ADVANCED TECHNIQUES FOR SELF-DEFENSE ONLY! SELF-DISCIPLINE AND DEFENSE, RATHER THAN AGGRESSIVENESS ARE PROMOTED! WEEKLY SAFETY FLYERS FOCUS ON A WIDE RANGE OF TOPICS INCLUDING STRANGERS - FIRE SAFETY & MORE!!

ONLY \$8.00 PER LESSON YOU MAY PAY-AS-YOU GO!

REGISTRATION ONLY ON SATURDAY, JANUARY 29

REGISTER BETWEEN 9:00-11:00

PLEASE REGISTER ON THIS DATE - CLASSES FILL UP QUICKLY!!

BEGINNING SATURDAY, FEBRUARY 5, CLASS TIMES WILL BE:

NEW STUDENTS 6-8 9:00 -- 9:40
NEW STUDENTS AGE 9-UP 9:50 -- 10:30

CLASS REGISTRATION & LOCATION

Boys & Girls Clubs of Union County
Union Club
1050 Jeanette Ave.
Union NJ

*Be Smart! Don't Start
Drugs & Alcohol*

CLASS DATES: CLASSES ARE HELD SATURDAYS FROM FEBRUARY 5 - APRIL 9 (10 LESSONS)

CLASS FEES: YOUR KARATE CLASSES ARE ONLY \$8.00 PER LESSON, WITH A \$10.00 REGISTRATION FEE PAID ONCE PER SEMESTER! YOU MAY PAY WEEKLY OR IN FULL AND RECEIVE A DISCOUNT OF ONE FREE LESSON! THIS IS AN ONGOING PROGRAM! NEW STUDENTS ARE ACCEPTED UP TO THE FOURTH WEEK. Scholarships are available to those who qualify.

A UNIFORM IS HIGHLY RECOMMENDED! Uniforms are available at the first class and throughout the course, all uniforms come with a white belt and we fit your child or teenager with the proper size. Uniforms are \$30.00

FUN!

FITNESS!

COORDINATION!

FOR MORE INFORMATION CALL (800) 850-0800